



## PRE-OPERATIVE INSTRUCTIONS

- You should not eat or drink (including water) after midnight prior to when your surgery is scheduled.
- You should not take any medication after midnight preceding the day of your scheduled surgery, unless instructed to do so by our physicians or an anesthesiologist.
- You should refrain from alcohol use within 24 hours of scheduled surgery. You should reduce or eliminate tobacco use prior to surgery and during the recovery and healing period.
- Please bathe the day before surgery, paying particular attention to the affected foot or ankle.
- Do not shave your legs 48 hours prior to having surgery.
- You must ask someone to drive you to-and-from home on the day of your surgery. Our physicians will tell you when it is safe to drive again.
- You should also plan to have someone assist you closely for 2 weeks following surgery.
- Any change in your general health or physical condition prior to surgery should be reported to our office staff as soon as possible (changes include: colds, flu, or fever).

**Questions: Please call (937) 208-2091.**

**Miami Valley Hospital**  
30 E. Apple Street, Suite 2200  
Dayton, OH 45409  
**Tel:** 937.208.2091

**Miami Valley Hospital South**  
2350 Miami Valley Drive, Suite 210  
Centerville, OH 45459  
**Tel:** 937.208.2091

**Atrium Medical Center**  
Professional Building 1  
200 Medical Center Drive, Suite 375  
Franklin, OH 45005  
**Tel:** 513.705.4201

**Beavercreek Office**  
Beavercreek Family Physicians  
1244 Meadowbridge Drive  
Beavercreek, OH 45434  
**Tel:** 937.208.2091

**Huber Heights Office**  
Good Samaritan  
Health Center  
6251 Good Samaritan Way  
Huber Heights, OH 45424  
**Tel:** 937.208.2091

**Sidney Office**  
1529 Fair Road  
Sidney, OH 45365  
**Tel:** 937.497.9810

**Springboro Office**  
At Springboro High School  
1625 S. Main Street  
Springboro, OH 45066  
**Tel:** 937.208.2091

**Troy Office**  
76 Troy Town Drive  
Troy, OH 45373  
**Tel:** 937.339.8399

**Vandalia Office**  
55 Elva Court  
Vandalia, OH 45377  
**Tel:** 937.208.2091