

CoolTouch Laser Skin Rejuvenation

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This form is intended to provide you with the information needed to make an informed choice on whether or not to undergo CoolTouch laser skin rejuvenation. If you have any questions, please do not hesitate to ask us.

What is CoolTouch laser skin rejuvenation?

The CoolTouch skin treatment is a revolutionary way to combat the signs of aging. This noninvasive procedure stimulates smoother, healthier looking skin, by using an infrared laser together with a cooling process to rejuvenate your skin from the inside out. There are no harsh chemicals. No long recovery times, just younger looking skin.

CoolTouch is a revolutionary approach to skin rejuvenation. It combines a cooling cryogen spray and a YAG laser to give you optimal results with the least inconvenience. The protective cooling spray is applied to the skin, allowing the CoolTouch laser light to pass harmlessly through the upper layers of your skin to stimulate the cells deep below the surface that produce natural collagen. The collagen and elastin fibers continue to multiply after your treatment, and you will continue to see improved results over the months ahead.

What are the potential benefits of this treatment?

The most obvious benefit is a simple relatively painless treatment for younger looking skin. The CoolTouch laser treatment can be performed on any facial areas—around the eyes, mouth, cheeks, and chin—with minimal discomfort. A topical anesthetic cream can be used on extra sensitive areas, so injections are not needed.

It should be noted that fine lines and wrinkle reduction is cosmetic in nature and poses no medical threat. They will be treated as cosmetic conditions. Other benefits include: Immediate recovery usually with no post-op care, and gradual, perceptible improvement over time. This treatment will also help improve the texture of your skin.

How long does a treatment take and how many treatments are necessary?

The CoolTouch treatment is so quick and easy; many patients come in for treatment during their lunch hour. The treatment takes between 15 and 30 minutes, and there are usually no side effects. You can reapply your make-up right away and carry on with your day. No one will ever know.

Clinical studies suggest that an average of three treatments are needed to stimulate new growth. We also recommend regular touch up treatments to sustain the continued growth of new collagen. Research also indicates that better results are achieved when laser treatments are done in conjunction with either glycolic peels or microdermabrasion treatments along with a healthy skin care regimen. We work closely with a licensed esthetician that provides these treatments and skin care evaluations for our patients as package deals.

How is it different than other anti-aging treatments?

The CoolTouch laser treatment is unlike any other skin resurfacing treatment. Your skin is not subjected to harsh chemicals or the intense after-care of CO₂ and Erbium lasers. CoolTouch laser protects the sensitive surface layers of your skin, allowing the laser light to penetrate to a deeper level and stimulate new collagen growth.

Are my results guaranteed?

No. Most patients, as noted, will require multiple sessions and some patients may be resistant to treatment and optimal results may not include complete wrinkle reduction. However, according to recent histological studies and clinical research, the results of the CoolTouch Laser are permanent and effective. Individual results will vary from patient to patient. Working in conjunction with a licensed esthetician patients, can expect to see a difference in the look and texture of their skin even if all wrinkles are not completely gone.

CoolTouch laser treatments may also be used in conjunction with Botox injections to help maximize a patients results and help with maintenance of their new youthful looking skin.

What are the possible side effects of this treatment?

Side effects are rare but the following potentially may occur:

Discomfort

A few people feel some discomfort during treatments. Patients typically report feeling a very short mild sting on the exposed area. In some patients this discomfort may range from moderate to minimal, but it does not last long. Anesthetic cream may be used for some patients.

Excessive Redness and Swelling

Immediately after the treatment, especially in these sensitive areas, tissue may swell. This is a temporary condition and is not harmful. The swelling usually subsides over a couple of hours and may require application of cool moist cloth or wrapped ice pack.

Fragile Skin

The skin in or near the treatment area may become fragile. This area should not be rubbed as this activity could cause tearing of the skin.

Healing Wound

In a small number of patients a wound can occur. These would take 3-5 days to heal and could possibly leave a scar.

Other

There is also the remote possibility of other side effects that include: decreased or increased pigmentation or color, as well as a very small chance of scarring that can occur.

Whom should I call if I have any questions or problems?

You should call Dr. Johnson at (937) 208-2552 after hours
During business hours call Cyndi at (937) 208-4188